



Spring Fling '19

7:00 am	Athlete Check In		Event 2 - Wave 1	
8:30 am	Opening Remarks/Event 1 Briefing		Women	
9:00 am	Heat 1 - Event 1		11:00 am	Carrie Evans / Ary Shaffer
	Team Buffness		11:02 am	Taylor Sykes / Jena Forsch
	Micro Machines		11:04 am	Jess Crandell / Maggie Boyich
	Koda Iron View		11:06 am	Andrea Nale / Jackie Severseike
9:20 am	Heat 2 - Event 1		11:08 am	Jessica Lieser / Elisa Schauer
	CrossFit Arvada		11:10 am	Ivy Herman / Brandy Green
	You can't clean my snatch		11:12 am	Meghan Dewees-Kern / Jenn Dancer
	Pure Spectrum		11:14 am	Emily Boyich / Sarah Walters
9:40 am	Heat 3 - Event 1		11:16 am	Sara Wolf / Bekka McCoy
	Team B		11:18 am	Katie Dally / Christina Taylor
	RISE			
10:00 am	Heat 4 - Event 1			
	Team sKrong			
	Can't Squad With Us		Event 2 - Wave 1	
			Men	
10:30 am	Event 2 Briefing		11:27 am	Justin Hill / Caleb Sommer
11:00 am	Wave 1 - Women	Event 2	11:29 am	Adam Devers / Ryan Barber
11:27 am	Wave 1 - Men	Event 2	11:31 am	Anthony Dale / Casey McCallister
11:54 am	Wave 2 - Women	Event 2	11:33 am	Cliff Cotton / Nick Cindrich
TBD	Wave - Men	Event 2	11:35 am	Ricky Malta / Wags
TBD	Wave 3 - Women	Event 2	11:37 am	Josh Munro / Antonio Petello
12:55 approx finish	Wave 3 - Men	Event 2	11:39 am	James Hollibaugh / Lawrence Evans
	Floater Must Be Completed By 1pm		11:41 am	Cory Nale / Matt Bickel
			11:43 am	Kellen Murphy / Shaun Parris
			11:45 am	Logan Ewing / Kevin Schuetz
1:20 pm	Event 4 Briefing			
1:50 pm	Heat 1	Event 4		
	10th Place - 9th Place			
2:10 pm	Heat 2	Event 4		
	8th Place - 7th Place			
2:30 pm	Heat 3	Event 4		
	6th Place - 5th Place - 4th Place			
2:50 pm	Heat 4	Event 4		
	3rd Place - 2nd Place - 1st Place			
3:30 pm	AWARDS			